

Important

Notice

We do not evaluate or rate any of the resources which appear in these pages. Listing does not, therefore constitute an 'endorsement' or 'recommendation' of any of these resources. Neither does omission signify disapproval. The use of any of the material in these pages is entirely the responsibility of the reader. We disclaim any and all liability for any use or non-use of the materials herein. There are no warranties implied or expressed in any of the data provided herein.

Support Groups

Addictions Victorious

PO Box 152
Pitman, NJ 08071
(free) 866-589-5253
www.addvicinc.org

Alcoholics Anonymous

Provides helpful information on dealing with alcoholism and meeting days and times.
PO Box 459
Grand Central Station
New York, NY 10163
800-509-2415
The telephone number of the local chapter can be found in the telephone directory.
www.alcoholics-anonymous.org

Al-Anon/Alateen

Al-Anon is a support group for those who live with the problem drinking of relative or friend.
Alateen is a 12-step recovery program for teens and is part of the Al-Anon Family Groups.
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617
888-4ALANON
The telephone number of the local chapter can be found in the telephone directory.
<http://www.ncwsa.org>

Because I Love You: The Parent Support Group

PO Box 2062
Winnetka, CA 91396-2062
818-884-8242
www.becauseiloveyou.org
E-mail bily1982@aol.com

Families Anonymous

Families Anonymous provides support groups for relatives and friends who have alcohol or drug problems.
P.O. Box 3475
Culver City, CA 90231-3475
800-736-9805
www.familiesanonymous.org

Nar-Anon

Nar-Anon provides support for family and friends of someone who abuses drugs. The telephone number of the local chapter can be found in the telephone directory. The website has numerous nuggets, links to additional resources, and information on co-dependency and enabling.
www.nar-anon.org

NotMYkid, Inc.

To learn more about preventing drug experimentation, use and abuse visit www.notmykid.org/. Also, notMYkid and First Check will make a presentation to parents at your child's school and

present a free drug test kit to every parent in attendance. They are finding this to be both an effective deterrent to drug experimentation and use as well as a great source of encouragement for parents.

Overcomers Outreach

A nationwide Christian 12-step support group for individuals and families. Overcomers Outreach provides a two-way bridge between traditional 12-step support groups and people within churches of all denominations.

PO Box 2208
Oakhurst, CA 93644
1-800-310-3001

www.overcomersoutreach.org

Relief for Hurting Parents Support Groups

Based upon the book, *Relief for Hurting Parents* by Buddy Scott, Allon Publishing, Jackson, TX, 1989. These support groups are in existence throughout the United States. Contact them to start or attend a support group.

PO Box 804
310 Flag Lake Drive
Lake Jackson, TX
979-297-5700

www.buddyscott.com

Sober Recovery

www.soberrecovery.com

Turning Point Ministries

Helps churches start support groups for people with addictions and eating disorders. Groups for parents and teens meet throughout North America. The website also has informative articles.

PO Box 22127
Chattanooga, TN 37422-2127
1-800-879-4770

info@turningpointministries.org

www.turningpointministries.org

You're Not Alone Conferences

Each year these conferences are hosted in various parts of the United States for ministers and others whose children are hooked on drugs or alcohol. Their website, www.notalone.org, also contains helpful answers to many of the questions parents of abusers ask themselves.

10105 East Via Linda, Suite 103
PMB 360
Scottsdale, AZ 85258
480-752-8994

Counselors/Treatment

Defiant Teens

This website will link you to many alternatives, including treatment for substance abuse problems.

www.defiant-teens.com

Scott Hall

Hall Educational Consulting Inc.

Former Campus Crusade for Christ staff member specializes in helping parents seeking residential placement for a child 13 to 26 years old. Extensive, first-hand knowledge of short-term wilderness programs, medium-term residential treatment centers and longer term emotional-growth/therapeutic boarding schools nationally. He works with families throughout the U.S. and abroad. Fee based service.

Telephone 610-889-0303

scottrhall@comcast.net

Hopelinks

The objective of Hopelinks.net website is to provide information for understanding the process of treatment which may be used for alcoholism, drug addiction, and other chemical dependency related topics. The expectation and function of this website are to provide a highly effective drug rehab and addiction treatment center directory.

www.hopelinks.net

Laurel Youth Services

The La-Sa-Quik residential treatment unit has four locations in the state of Pennsylvania.

www.laurelhs.org/youth-services/la-sa-quik.asp

A Lighthouse with Healthcare Solutions

"A Lighthouse with Healthcare Solutions" is a "single-point contact" that provides no-cost, confidential Christian assistance to those struggling with drug and alcohol addiction. A single call to their toll-free hotline connects you with a Care Services Provider who can: 1, Access a network of Christian and secular providers to meet the needs within the family. 2, Mentor your family throughout the entire treatment process, from admission into a program on through the recovery process. This includes education, intervention, guidance and monitoring. 3, Advise your family through difficult insurance, employment and legal difficulties. **For no-cost, confidential assistance, call toll free: 1-866-890-CARE (2273) or visit their website:**

www.lighthousesolutions.us.

Tom Lumsden

19106 79th Street East
Bonnie Lake, WA 98391
253-863-0213

tomlumsden@aol.com

The Minirth Clinic

The Minirth Clinic P.A.
2100 North Collins Blvd., Suite 200
Richardson, TX 75080
888-MINIRTH (646-4784)

www.christiancounselor.com

New Life Recovery Center

Nationwide mental health clinics. Calvary's affordable, proven treatment program addresses the practical, physical, and spiritual aspects of addiction, setting the stage for long-term recovery and restored family life.

www.newlife.com

Pine Rest Mental Health Hospital

Aids parents in discerning the difference between natural growing pains in their child or teen and behavior that is a sign of serious trouble. Pine Rest makes it easy to get professional guidance in making these judgments.

www.pinerest.org

RedCliff Ascent Wilderness Treatment Programs

A wilderness therapy program for troubled teens age 13 to 17 years.

www.redcliffascent.com

Renewal Christian Treatment

RENEWAL: Christian Treatment and Recovery is a unique program that incorporates your spirituality into your treatment. Our faith-based approach provides an atmosphere of compassion and support that encourages openness, restoration, and healing.

www.renewalchristiancare.com

Sober Recovery

This website offers alternatives for youth dealing with substance abuse problems

www.soberrecovery.com/links/adolescenttreatment.html

As well as treatment programs

<http://www.soberrecovery.com/links/troubledteenwildernesscamps.html>

Teen Drug Abuse

A wilderness therapy program for troubled teens age 13 to 17 years.

www.teen-drug-abuse.org/get-help-now.htm

Zach Whaley, MA

825 West Warner Rd. Suite 7

Chandler, AZ 85225

(480) 855-0075

Fax: (480) 855-0075

www.zachwhaley.com

Residential Treatment

Adolescent Services International

Directory designed to assist parents, providers and health care professionals in finding the best environment for the special needs of teens in crisis.

www.defiantteen.com

Boys Village

For boys 11-18 struggling with drug, alcohol and sexual problems.

P.O. Box 518

Smithville, Ohio 44677

330-264-3232

www.boys-village.com

His Mansion Ministries

Christian residential program for young men and woman 18 and older.

PO Box 40

Hillsboro, NH 03244

603-464-5555

www.hismansion.com

National Detox Center of St. Louis, Inc

This program provides a quick and compassionate means of detoxing as an alternative to the traditional opiate withdrawal process. The cornerstone of the program is ongoing individual and

group therapy.
12303 DePaul Drive
Bridgeton, MO 63044
In St. Louis: (314) 209-7773
Outside St. Louis: (888) 480-8008
www.nationaldetox.com

Santa Barbara Rescue Mission

The Santa Barbara Rescue Mission is a non-profit evangelical rescue and drug recovery ministry providing spiritual and physical rehabilitative care to the needy and drug dependent at no cost to the recipient. It has a year-long residential program. Steen Hudson is the director.
<http://www.sbrm.org>

SunHawk Academy, Inc.

Wilderness-oriented residential program for troubled youth and their families. SunHawk offers counseling for drug/alcohol addicted teens.
948 N. 1300 West
St. George, UT 84770
800-214-3878
info@sunhawk.org

Teen Challenge International

Christian drug and alcohol rehabilitation centers throughout U.S. for men and woman 18 and older. Some programs may accept teens.
3728 W. Chestnut Expressway
Springfield, MO 65802
417-862-6969
www.teenchallenge.com

Victory Outreach International

Christian drug, alcohol and gang rehabilitation program, especially for Hispanic youth.
P.O. Box 3490
San Dimas, CA 91773-4437
626-961-4910
info@victoryoutreach.org

Info and Help Lines

American Society of Addiction Medicine

Gives a list of programs as well as a discussion of approaches for various addictions.
4601 North Park Ave, Arcade Suite 101
Chevy Chase, MD 20815
301-656-3920
www.asam.org

Center for Disease Control and Prevention

1600 Clifton Road
Atlanta, GA 30333
National AIDS Hotline, 800-342-2437
National HIV/AIDS hotline (Spanish), 1-800-344-7532
www.cdc.gov

Church Growth Institute

Audiotapes sharing the "You're Not Alone" conference for parents who are in the ministry and are dealing with issues related to their children's substance abuse problems. The speakers are full-time ministers and parents who have faced this dilemma. They deal with the subject in a candid, realistic way sharing the pain, wisdom, and growth that can only be attained by parents who are or have been there. In addition to these ministry parents, a Christian substance abuse counselor shares his own story and advice for dealing with an addicted loved one. These cassettes can be ordered by calling 1-800-553-4769 or by ordering them from the website: www.churchgrowth.org

Christian Recovery International

A coalition of ministries dedicated to helping the Christian community become a safe and helpful place for people recovering from addiction, abuse or trauma.

www.christianrecovery.com

Drug Free America

Their mission is to help kids and teens reject substance abuse by influencing attitudes through persuasive information.

www.drugfreeamerica.org

Focus on the Family

This hotline will help connect you with specialized ministries across the country.

Hotline 1-800-A-FAMILY (232-6459)

www.family.org

Minnesota Prevention Resource Center

Creates materials, offers help and consultation to help others build and maintain safe drug-free communities.

<http://www.miph.org>

Narcotics Anonymous World Services

This website contains a wealth of information in several different languages, including links to regional resources.

<http://www.wsoinc.com>

National Center on Addiction and Substance Abuse at Columbia University (CASA)

This website provides resources and links to other sites.

www.casacolumbia.org

National Center for Missing & Exploited Children

Charles B. Wang International Children's Building

699 Prince Street

Alexandria, VA 22314-3175

800-843-5678

www.missingkids.com

National Association for Christian Recovery

The website has a wealth of information, providing a library, referral center and interactive on-line forum.

www.nacronline.com

National Technical Center for Substance Abuses

A purpose of this website is to inform people about substance abuse treatment needs assessment and planning. The NTC is affiliated with Harvard Medical School.

www.ntc.org

National Clearinghouse for Alcohol and Drug Information

SAMHSA is the Federal agency charged with improving the quality and availability of prevention, treatment, and rehabilitative services in order to reduce illness, death, disability, and cost to society resulting from substance abuse and mental illnesses. Very informative.

<http://www.health.org>

National Drug Abuse Hotline

800-662-4357

National Families in Action

2296 Henderson Mill Road
Suite 204, Atlanta, Georgia 30345

National Families in Action is a grassroots effort to prevent drug abuse in America. The role of parent group networks in the American prevention movement.

National Institute of Drug Abuse

National Institutes of Health
6001 Executive Blvd., Room 5213
Bethesda, MD 20892
301-443-1124

www.nida.nih.gov

National Institute on Alcohol Abuse and Alcoholism

Website for answers to questions such as how to tell if you're an alcoholic. The National Institute on Alcohol Abuse and Alcoholism (NIAAA) supports and conducts biomedical and behavioral research on the causes, consequences, treatment, and prevention of alcoholism and alcohol-related problems. www.niaaa.nih.gov

National PTA

National PTA is the largest volunteer child advocacy organization in the United States. The site has excellent resources relating strategies for raising drug free children.

www.pta.org.

Path to Parental Health

Descriptive responses were taken from the voices of experience of parents who have a child who abuses alcohol or drugs. Recognizing that others have walked the road and have achieved some balance and faith in their lives will help those now on the journey.

<http://notalone.org>

Questions Parents Ask

A series of real-life thoughtful questions/answers of parents regarding drug/alcohol abuse.

<http://notalone.org>

Youth Crisis Hotline

800-448-4663

Written Resources

Growing Up Drug Free: A Parent's Guide to Prevention

U.S. Department of Education, 1998

To order free printed copies of this guide, call the Department of Education's toll-free number 877-4EDPUBS

Also, the full text of this publication is available at the U.S. Department of Education's website:
http://www.ed.gov/offices/OESE/SDFS/parents_guide

Centers for Disease Control and Prevention

A variety of publications and software pertaining to youth health issues.
www.cdc.gov/publications

R.A. "Buddy" Scott/Allon Publishing

Christian books for parents and teens.
979-297-5700
www.buddyscott.com

RPI Publishing, Inc.

RPI believes strongly in the power of the Twelve Steps and the guidance they provide to help rebuild a person's life. They offer a wide variety of books online to help readers through the process of life recovery.
www.rpipublishing.com

Self-help Sourcebook

Comprehensive online listing of support groups for alcoholics and their families.
570 Metro Place
Dublin, OH 43017
614-764-0143
www.mentalhelp.net

Straight Ahead Ministries

Books and materials designed for troubled teens and those who minister to them.
PO Box 1011
Westborough, MA 01581
508-616-9286
info@straightahead.org
www.straightahead.org

Turning Point Ministries

Materials and training conferences on Biblical approaches to life controlling problems.
PO Box 22127
Chattanooga, TN 37422-2127
800-879-4770
info@turningpointministries.org
www.turningpointministries.org

The Will Rogers Institute

Free booklets on the effects, composition, motives, treatment and consequences of psychoactive drugs.
785 Mamaroneck Ave.
White Plains, NY 10605
914-761-5550

Books

B., Dick. *The Good Book and the Big Book: A.A.'s roots in the Bible*. Paradise Research Publications, Kihei, Maui, 1977.

Behnke, John. *Ninety Days, One Day at a Time: A new beginning for people in recovery*. Paulist Press, 1999.

Cline, M.D., Foster & Fay, Jim. *Parenting Your Teen with Love and Logic*. Pinon Press, 1990. Also available in compact disc at Barnes & Nobles or online at www.bn.com.

Campbell, Ross & Likes, Pat. *Your Child and Drugs*. Chariot Victor Publishing, 1989.

Cohen, Peter. *Helping Your Chemically Dependent Teen Recover*. Johnson Institute Books, Minnesota, 1991.

Graham, Ruth. *The Prodigals and Those Who Love Them*. Baker Books, April 1999. These are the personal memoirs, journal and poems of Billy Graham's wife while their son, Franklin, rebelled and her struggle to let him go. It is very powerful.

Jeremiah, David. *A Bend in the Road: Finding God when your World Caves In*. Thomas Nelson Publishers, 2000. Can be purchased online at www.bn.com.

Jeremiah, David. *Gifts from God: Encouragement and Hope for Today's Parents*. Cox Communications Ministries International, 1999. Can be purchased online at www.bn.com.

Johnson and Murphy. *Parenting Streetwise Kids*. David C. Cook Publishing, Elgin, Illinois, 1995. A helpful workbook format.

Larson, Scott. *At Risk: Bringing Hope To Hurting Teenagers*. Group Publishing, Loveland, CO. 1999.

Neff, Pauline. *Tough Love*. Abingdon Press, Nashville, 1982.

One Day at a Time in Al Anon. Al Anon Family Group Headquarters, Inc., New York, 1987.
Sanford, Tim. *I Have To Be Perfect: And Other Parsonage Heresies*. Llama Press, 5526 N.Academy Blvd. Suite 206, Colorado Springs, Co 80918. Describes unique challenges of a Preacher's Kid.

Scott, Buddy. *Relief for Hurting Parents*. Allon Publishing, Jackson, TX, 1989. Can be ordered from www.buddyscott.com

Spickard, M.D., Anderson. *Dying for a Drink: What You Should Know About Alcoholism*. Word Publishing, Dallas, 1985. Dr. Spickard is a professor at Vanderbilt Medical School.

Waldrep, Phil. *Parenting Prodigals: Six Principles for Bringing Your Son or Daughter Back to God*. Baxter Press, 2002. Can be ordered online at www.bn.com.

White, John. *Parents in Pain: Overcoming the Hurt and Frustration of Problem Children*. InterVarsity Press, 1983. Available online at www.bn.com.

Williams, Don. *Jesus and Addiction*. Recovery Publications, San Diego, 1993.

Wilmes, David. *Parenting for Prevention*. Johnson Institute Books, Minneapolis, 1988.

Pastor Resources

American Association of Christian Counselors

AACC's intention is to equip professional, pastoral and lay caregivers with Biblical, theological and psychological truth that ministers to the soul of a hurting person and helps them move to personal wholeness, interpersonal competence, mental stability, and spiritual maturity.

www.aacc.net

The Parsonage

The site is published by Focus on the Family and provides an array of resources for the pastor and family.

www.family.org/pastor

CareGivers Forum

The CareGivers Forum provides an annual forum for personal relationships, professional networking and shared learning opportunities.

Contact person: Dale Frimodt,

barnabasomaha@juno.com.

www.caregiversforum.org

Scott Hall

Hall Educational Consulting Inc.

Former Campus Crusade for Christ staff member specializes in helping parents seeking residential placement for a child 13 to 26 years old. Extensive, first-hand knowledge of short-term wilderness programs, medium-term residential treatment centers and longer term emotional-growth/therapeutic boarding schools nationally. He works with families throughout the U.S. and abroad. Fee based service.

Telephone 610-889-0303

scottrhall@comcast.net